

Lee Mincey
1407 Kingswood Way
Radcliff, KY 40160

Stu-
4/1

May 8, 1984

Dear Lee:

In response to your call today, I wanted to let you know I telephoned Dr. Stuart Twemlow so that he could give you some helpful information regarding your situation. Unfortunately, he is out of town and will not be returning until Monday. If you'd like to contact him directly, his address and phone are:

Dr. Stuart Twemlow
707 Quincy, Suite 208
Topeka, KS 66603

Office: 913-233-1607

I am sure Dr. Twemlow will tell you that we have had no contra-indicative effects from the people who have used the Hemi-Sync tapes, that, in fact, he has used Hemi-Sync with his psychotic patients to help improve their conditions! Over 4,500 individuals have participated in our training programs using Hemi-Sync and another minimum of 15,000 have listened to the Hemi-Sync tapes, and we have had no reports of negative effects. Quite simply, the tapes are designed to aid the individual in relaxation. People use them for stress reduction, enhanced sleep, meditation and for focus of concentration. All the tapes do is provide the tools for relaxation.

I am not a psychologist, Lee, but I would say that the job stress you mentioned you were under, coupled with a history of migraines, could likely bring on the symptoms you described. Certainly there is nothing on the Hemi-Sync tapes that would bring about depression or psychosis.



Inquiry
Information
Innovation

THE
**Monroe
Institute**

or

Applied Sciences

May 8, 1984
Page Two

I would appreciate hearing back from you, knowing exactly which tapes you have been using (you mentioned Catnapper and Concentration, but were unclear about the others) and from whom you obtained these tapes.

In the meantime, I will send a note on to Dr. Twemlow. I sincerely hope you are feeling better and have a swift recovery.

Sincerely,

A handwritten signature in cursive script that reads "Nancy Honeycutt". The signature is fluid and stylized, with the first name "Nancy" being more prominent than the last name "Honeycutt".

Nancy Honeycutt

NH:hw